

The Urban Grill

est. 2002

LUNCH MENU

RESERVATIONS ACCEPTED MONDAY THROUGH THURSDAY
FRIDAY AND SATURDAY CALL AHEAD ONLY
GIFT CARDS AVAILABLE
ASK ABOUT PRIVATE DINING PARTIES
MENU AND PRICING SUBJECT TO CHANGE
NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS

OPEN DAILY AT 11:00 A.M.
3651 86TH STREET URBANDALE, IA
50321
515-278-1016

Skips

Nick's

APPETIZERS

SOUP OF THE DAY

Cup \$3.50 / Bowl \$4.50

MUSSELS

Sauteed In A White Wine Lemon Butter \$8.95

ONION RINGS

Thin Sliced Red Onions Lightly Breaded And Fried Crisp

Half/ \$4.95 / Full \$6.95

BRUSCHETTA

Ciabatta, Basil, Tomato, And Melted Mozzarella Cheese \$7.95

SMOKED CHICKEN QUESADILLA

Grilled Crisp And Served With Sour Cream And Red Chile Aioli \$8.95

CALAMARI

Crispy Fried Strips Served With a Side Of Red Chile Aioli \$8.95

PECAN CRUSTED CHICKEN STRIPS

Served With A Honey Mustard Dipping Sauce \$7.95

FIRE SHRIMP

Sauteed In A Chipotle Jalapeno Butter And Served With Sliced Garlic Toast \$8.95

SPINACH & ARTICHOKE DIP

Topped With Parmesan Cheese And Served With Fresh Corn

Tortilla Chips \$7.95

INSIDE OUT CRAB RANGOON

Crab Rangoon Dip With Fresh Wonton Chips And A Sweet & Sour Drizzle \$8.50

SMOKED CHICKEN NACHOS

Fresh Corn Tortilla Chips Topped With Black Beans, Smoked Chicken, Red Chile Aioli And Melted Cheddar & Jalapeno Cheese With A Side Of Sour Cream & Pico De Gallo

Half \$ 8.95 / Full \$ 10.95

PASTA

CHICKEN MARSALA

Breaded Chicken Tenders On Top Of Angel Hair Pasta Covered In A Marsala Wine Mushroom Sauce \$10.95

FIRE SHRIMP

Shrimp Sauteed In A Chipotle Jalapeno Butter, Green Onion Served With Garlic Toast On Penne Pasta \$11.95

URBAN CARBONARA

Diced Grilled Chicken, Mushrooms, Applewood Bacon Tossed In Alfredo Sauce And Served On Penne Pasta \$10.25

CHICKEN ALFREDO

Breaded Chicken Tenders, Linguini Pasta Tossed In An Alfredo Sauce And Served With Garlic Toast \$9.95

CAJUN CREOLE

Andouille Sausage, Shrimp, Crab Meat, Diced Chicken And Tomato Served On Penne Pasta In A Creole Cream Sauce \$12.95

SMOKED CHICKEN JALAPENO

Pulled Smoked Chicken Tossed In A Spicy Jalapeno Tequila Cream Sauce And Served With Garlic Toast On Linguini Pasta \$9.95

CAVATELLI

Graziano Sausage, Marinara Sauce, Cavatelli Pasta Topped with Melted Mozzarella Cheese And Served With Garlic Toast \$10.95

BLACKENED CHICKEN OR SALMON

Green Onions, Tomato, Penne Pasta Tossed In A Cajun Cream Sauce Chicken \$ 9.95 Salmon \$ 11.95

LEMON & GARLIC SHRIMP

Shrimp Sauteed In A White Wine Garlic Lemon Butter, Broccoli And Julienne Vegetables Tossed With Linguini Pasta \$ 11.95

SMALLER PORTIONS \$ 2.00 LESS

ADD A SIDE SALAD \$ 2.00 MORE

ALL PASTA'S TOPPED WITH PARMESAN CHEESE

ENTREE SALADS

CHINESE CHICKEN

Teriyaki Marinated Chicken, Broccoli, Carrots Topped With Crispy Won-Ton Strips And A Peanut Sauce & Tossed in Our Citrus-Soy Dressing \$9.45

FRESH SPINACH

Tossed In A Raspberry Vinaigrette With red Onion, Pecans And Strawberry Slices \$10.25

SANTE FE

Chopped Chicken, Black Beans, Pico De Gallo, Jalapeno & Cheddar Cheese Topped With Tortilla Strips And Served With A Side Of Salsa \$9.25

BALSAMIC CHICKEN

Grilled Chicken Breast, Corn, Bacon, Red Onion, Sun Dried & Roma Tomatoes, Parmesan Cheese And Tossed In A Balsamic Vinaigrette Dressing \$ 9.45

GRILLED STEAK*

Sliced Sirloin Steak, Tomato, Cucumber, Red Onion And Cheddar Cheese \$ 11.25

PECAN CRUSTED CHICKEN

Egg, Red Onion, Tomato, Cucumber Topped With Pecan Breaded Chicken Strips \$9.95

THE COBB

Smoked Chopped Chicken, Bacon, Egg, Avocado And Blue Cheese Crumbles \$9.95

URBAN CAESAR

Fresh Lemon Slice, Romaine Lettuce, Parmesan Cheese And Croutons \$6.95

Add Blackened Or Grilled Chicken \$2.00

Add Blackened Or Grilled Fresh Salmon \$3.00

SEARED AHI TUNA*

Sliced Rare Ahi, Carrots, Tomato, Cucumber Tossed In a Citrus-Soy Vinaigrette \$9.95

SMALLER PORTIONS \$ 2.00 LESS

~DRESSINGS~

Honey Mustard - Ranch - Balsamic Vinaigrette
- Raspberry Vinaigrette - French - Italian - Caesar
- Creamy Parmesan - Blue Cheese - Thousand Island
- Citrus Soy - Vinegar & Oil -
Add Blue Cheese Crumbles \$1.00

DESSERT \$5

KEY LIME PIE
CANDY BAR PIE
CHOCOLATE CAKE
GRAND MARNIER CREME BRULLE
APPLE CRISP
BREAD PUDDING

BEVERAGES

SODA WATER
PERRIER
COKE
ICE TEA
SPRITE
MELLOW YELLOW
HOT TEA

TONIC WATER
AQUAFINA
DIET COKE
RASPBERRY TEA
LEMONADE
MILK
URBAN COFFEE

* ITEMS ON MENU: THOROUGHLY COOKING FOOD OF ANIMAL ORIGIN SUCH AS BEEF, LAMB, PORK AND POULTRY REDUCES THE RISK OF FOOD BORN ILLNESSES. INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

18% GRATUITY ON PARTIES OF 6 OR MORE.
IF AN ITEM IS SPLIT BETWEEN A GUEST THERE IS A SPLIT PLATE CHARGE OF \$2.50
NOT RESPONSIBLE FOR ITEMS ORDERED WELL DONE

LUNCHEON ENTREES

COD

Broiled In A Lemon Dill Oil Or Rubbed With Blackening Spices And Grilled \$ 9.95

ORANGE ROUGHY

Broiled In A Lemon Butter And Topped With Melted Parmesan Cheese \$9.95

SEARED AHI TUNA*

Cajun Rubbed And Lightly Grilled Served Sliced With A Side Of Beer Mustard Soy Dipping Sauce \$10.95

TILAPIA

Your Choice Of Blackened Or Grilled \$9.95

FRESH GRILLED SALMON

Your Choice Of Blackened Or Grilled \$10.95

ALL LUNCHEON ITEMS ARE SERVED WITH A CHOICE OF SIDE.

SUBSTITUTE SIDE SALAD, A CUP OF SOUP, FRESH VEGETABLES OR ASPARAGUS FOR \$ 2.00 MORE.

CHICKEN DE BURGO

Lightly Breaded Breast Pan Fried Topped With Button Mushrooms And Our House Made De Burgo Butter \$8.95

CHICKEN PICCATA

Chicken Tenders Lightly Breaded & Pan Fried Topped With Mushrooms, Artichoke Hearts, Capers Covered In A White Wine Dijon Cream Sauce \$9.95

SEAFOOD CHICKEN

Grilled Breast Of Chicken Placed On Toasted Sourdough Bread And Topped With Crab Meat, Shrimp & Hollandaise \$9.95

BACKYARD CHICKEN

Grilled Breast Of Chicken Topped With Applewood Bacon, Mushrooms And Melted Jalapeno & Cheddar Cheese \$8.95

MARINATED PORK CHOP

7 oz.. Pork Chop Marinated In Our Italian Dressing \$ 8.95

SANDWICHES

STEAK SANDWICH*

Sirloin Sliced & Served Open Faced On Grilled Sourdough Bread And Topped With Onion Rings \$11.95

FRENCH DIP*

Sliced Roast Beef, Melted Swiss Cheese, Italian Loaf Bread Served With An Au-Jus Dipping Sauce \$8.95

RAREBIT*

Grilled Hamburger, Toasted Sourdough Bread Smothered In Our House Made Rarebit Sauce \$8.95

CHEESEBURGER*

Choice Of American, Swiss, Cheddar, Jalapeno, Provolone, Parmesan, Mozzarella Or Blue Cheese Crumbles With Lettuce, Tomato, Red Onion And Pickle On A Toasted Onion Bun \$7.95

BBQ SMOKED CHICKEN

Smoked & Pulled Chicken, House Made Barbecue Sauce On Toasted Sourdough Bread \$7.95

GARLIC & HERB CHICKEN

Italian Marinaded Chicken Breast, Lettuce, Tomato, Red Onion, Pickle On A Toasted Onion Bun \$7.95

CHICKEN TUSCANY

Grilled Chicken Breast Topped with Roasted Red Peppers And Melted Provolone Cheese Served On Ciabatta Bread With A Basil Aioli Dipping Sauce \$ 8.25

URBAN'S FISH TACOS

Blackened Tilapia, Toasted Flour Tortilla, Lettuce, Melted Jalapeno & Cheddar Cheese And Pico De Gallo Served With A Side Of Salsa \$8.95

BLACKENED SALMON

Fresh Salmon Blackened Topped With Melted Jalapeno Cheese On Toasted Sourdough Served With A Side Of Lemon Aioli Sauce \$10.95

PORK TENDERLOIN

Lightly Breaded Tenderloin Of Pork With Lettuce, Tomato, Red Onion And A Pickle Spear Served On A Kaiser Bun \$8.95

VEGETABLE MELT

Toasted Rye Bread, Julienned Carrot, Zucchini And Squash, Sauteed Mushrooms, Red Onion, Avocado, Lettuce, Tomato And Melted Provolone Cheese \$ 7.95

REUBEN

Corned Beef, Swiss Cheese, Thousand Island And Sauerkraut Served On Marbled Rye \$7.95

CLASSIC CLUB

Turkey, Ham, Applewood Smoked Bacon, Lettuce, Tomato And Mayo Served On Toasted Wheat \$7.95

GRILLED CHICKEN CLUB

Melted Provolone Cheese, Applewood Smoked Bacon, Avocado, Lettuce, Tomato And Mayo On Toasted Wheat \$8.95

TUNA MELT

Grilled Tuna Salad Topped With Rarebit Sauce and Tomatoes Served On Toasted Sourdough \$7.95

SANDWICH, SOUP OR SALAD COMBO

Your Choice of Two

Chicken & Tuna Salad, Ham, Turkey, Roast Beef*

Marbled Rye, Wheat, Ciabatta, Sourdough, Onion or Kaiser Bun

\$8.95

ALL SANDWICHES COME WITH A CHOICE OF FRENCH FRIES, COLE SLAW, POTATO SALAD, PASTA SALAD, COTTAGE CHEESE, GARLIC TOAST, BLACK BEANS OR RICE PILAF. SUBSTITUTE A SIDE SALAD, A CUP OF SOUP, FRESH VEGETABLES OR ASPARAGUS FOR \$2.00 MORE

COLE SLAW \$ 2
POTATO SALAD \$ 2
PASTA SALAD \$ 2
COTTAGE CHEESE \$ 2
RICE PILAF \$ 2

SIDES

FRENCH FRIES \$ 2
ROASTED BLACK BEANS \$ 2
GARLIC TOAST \$ 2
FRESH VEGETABLES \$ 3
ASPARAGUS \$ 3